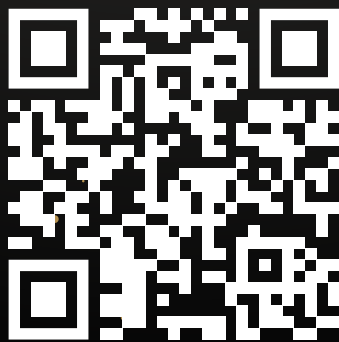




FOREVER HEALTHY PLAN



www.rillyhealth.com

FOREVER HEALTHY PLAN

\$20,000 A MONTH

(OR PAID IN FULL OPTIONS)

6-MONTH CONTRACT: \$108,000 (SAVE \$12,000)

1-YEAR CONTRACT: \$192,000 (SAVE \$48,000)

FOR THE SOPHISTICATED MIAMI BUSINESSWOMAN WHO DEMANDS THE FUTURE OF FITNESS TRAINING AND WELLNESS, THIS ALL-INCLUSIVE PLAN GUARANTEES *WEIGHT-LOSS FOREVER* AND IS DESIGNED TO MAKE EVERYTHING EFFORTLESS. YOU'LL GET THE MOST ADVANCED TOOLS AND SUPPORT AVAILABLE IN THE FITNESS WORLD, ALL DONE FOR YOU.

Premium Wellness Plan Features (\$5k/month plan included)

WITH THE FOREVER HEALTHY PLAN, YOU ALSO GET EARLY ACCESS TO EXCLUSIVE NEW FEATURES AS THEY BECOME AVAILABLE. BELOW IS A BREAKDOWN OF WHAT'S INCLUDED:



1. Oura Ring

TRACK YOUR SLEEP, RECOVERY, AND OVERALL HEALTH WITH PRECISION. THIS SLEEK, HIGH-TECH RING PROVIDES YOU AND YOUR COACH WITH KEY INSIGHTS INTO HOW WELL YOUR BODY IS RECOVERING AND PERFORMING.



2. Bioelectrical Impedance Scale

NO MORE GUESSING ABOUT YOUR PROGRESS. THIS ADVANCED SCALE ACCURATELY MEASURES YOUR BODY COMPOSITION (MUSCLE, FAT, WATER) TO ENSURE YOU'RE ON THE RIGHT TRACK WITH REAL-TIME DATA.

3. Virtual Reality (VR) Training

STEP INTO THE FUTURE WITH A VR HEADSET AND CAMERA TRACKING FOR IMMERSIVE, ONLINE TRAINING SESSIONS. THESE FUN, INTERACTIVE WORKOUTS BRING THE GYM TO YOU—WITHOUT LEAVING YOUR HOME. IT'S FITNESS LIKE YOU'VE NEVER EXPERIENCED BEFORE!



4. Complete Home Workout Equipment Set

NO NEED TO STEP INTO A GYM. DELIVERED STRAIGHT TO YOUR DOOR, YOU'LL RECEIVE A SCIENCE-BACKED CABLE RESISTANCE MACHINE THAT'S DESIGNED FOR MAXIMUM EFFICIENCY. INCLUDES ALL THE EXTRAS LIKE A MAT, LIGHT DUMBBELLS, AND A WALKING TREADMILL, PERFECTLY TAILORED FOR A LUXURY HOME WORKOUT.

5. 24/7 Texting & Calling Access with Your Dedicated Coach

ROUND-THE-CLOCK ACCESS TO YOUR COACH ENSURES THAT NO MATTER YOUR SCHEDULE, YOU'LL ALWAYS HAVE SOMEONE TO SUPPORT YOU THROUGH YOUR WELLNESS JOURNEY.

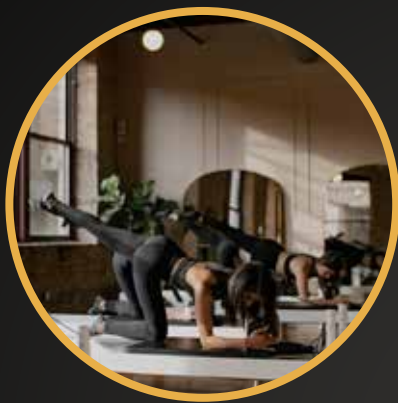


6. Weekly Wellness Calls (30 minutes)

EACH WEEK, YOU'LL HAVE A ONE-ON-ONE CALL WITH YOUR WELLNESS COACH TO DISCUSS YOUR PROGRESS, MAKE ADJUSTMENTS, AND FINE-TUNE YOUR PLAN TO FIT YOUR LIFE PERFECTLY.

7. VR Training Sessions (Two 30-minute sessions per week)

TRAIN IN YOUR PERSONAL VIRTUAL GYM WITH YOUR COACH, GETTING GUIDANCE AND CORRECTIONS IN REAL TIME WHILE ENJOYING THE NEXT LEVEL OF WORKOUT EXPERIENCE FROM THE COMFORT OF YOUR HOME.



8. Tailored Exercise, Nutrition, & Habit Formation Plan: Discipline Redefined

EVERYTHING IS CUSTOMIZED FOR YOU. FROM YOUR WORKOUT ROUTINE TO YOUR NUTRITION PLAN, EACH ELEMENT IS SCIENTIFICALLY DESIGNED TO HELP YOU BUILD DISCIPLINE AND REACH YOUR GOALS EFFORTLESSLY.

9. Exercise & Nutrition Knowledge Assessment

YOU'LL RECEIVE A COMPREHENSIVE ASSESSMENT OF YOUR CURRENT FITNESS AND NUTRITIONAL KNOWLEDGE, HELPING US CREATE A PLAN THAT BUILDS ON YOUR STRENGTHS WHILE ADDRESSING YOUR WEAKNESSES.



10. Supplements

YOUR PLAN COMES WITH ALL THE NECESSARY SUPPLEMENTS TO SUPPORT YOUR FITNESS AND HEALTH GOALS, TAILORED TO YOUR BODY'S SPECIFIC NEEDS.

11. Customized Goal Outline

YOU'LL RECEIVE A DETAILED, STEP-BY-STEP OUTLINE OF YOUR FITNESS GOALS AND HOW WE WILL ACHIEVE THEM TOGETHER. NO GUESSWORK—JUST A CLEAR PATH TO SUCCESS.



12. Gourmet Meal Delivery

DELIVERED WARM TO YOUR DOOR, YOU'LL RECEIVE GOURMET MEALS CRAFTED TO MEET YOUR NUTRITIONAL NEEDS AND PREFERENCES. YOU CAN TWEAK THE MENU FOR TASTE OR FITNESS GOALS—NO COOKING, NO STRESS.

13. Genetic Test Kits

YOUR DNA HOLDS THE KEY TO UNDERSTANDING HOW YOUR BODY RESPONDS TO DIET AND EXERCISE. THESE KITS ALLOW US TO BUILD AN EVEN MORE PRECISE PLAN TAILORED TO YOUR GENETIC MAKEUP.



14. Metabolic Test Kit & Lab Results

GET A DEEP DIVE INTO YOUR METABOLISM WITH THIS TESTING KIT. WE'LL USE THE LAB RESULTS TO CREATE A PLAN THAT WORKS WITH YOUR BODY'S UNIQUE METABOLIC RATE, ENSURING LONG-TERM SUCCESS.

15. Pilates Workouts (Two 30-minute sessions)

STRENGTHEN YOUR CORE AND IMPROVE YOUR FLEXIBILITY WITH PERSONALIZED PILATES SESSIONS TAILORED TO YOUR FITNESS LEVEL AND GOALS.



16. 4D Zero Gravity Massage Chair

AFTER YOUR WORKOUTS, RELAX AND RECOVER IN A LUXURIOUS 4D ZERO-GRAVITY MASSAGE CHAIR. IT'S DESIGNED TO RELIEVE TENSION, BOOST RECOVERY, AND LEAVE YOU FEELING REJUVENATED.

17. Personal Chauffeur

FOR YOUR CONVENIENCE, A PERSONAL CHAUFFEUR WILL BE AVAILABLE FOR TRANSPORTATION WHEN NEEDED, ENSURING THAT YOUR WELLNESS JOURNEY IS AS STRESS-FREE AS POSSIBLE.



 www.rillyhealth.com

